

PCDA

Lunch Buddies

Lunch Buddies is a program for children, 2-6 years of age who are highly sensitive and selective eaters.

The children and their parents come to have lunch together once a week. The children benefit from the group experience with other children, and the activities provided by the staff. Parents learn strategies to support their child's exploration and acceptance of a greater variety of foods. Parents enjoy the support of other parents and are able to share ideas with each other.

The PCDA staff considers the developmental, sensory, and nutritional needs of each child. Each group is lead by an occupational therapist, and is supported by a registered dietitian.

The cost is \$20.00 per session.

Please contact Carol Fodera, MA, OTR/L at 626-793-7350, extension 204 or carol@pasadenachilddevelopment.org for questions, or to register for the Lunch Buddies Group.

