

Pasadena Child Development Associates, Inc.

# Adapted Music Lessons



with

Juliana Rocha, MT-BC

Daryl Heater, MT-BC

Music Therapist - Board Certified

Instruments Include Piano (ages 5 and up)  
Voice, Guitar, Recorder & Flute (ages 7 and up)

Many children with special needs show interest in learning an instrument, but are not able to benefit from traditional music lessons. Our music therapists specialize in adapting instructional methods based on the child's individual strengths and learning style.

Adaptations may include the following:

- Color-coding for children who are not able to read traditional music notation
- Use of schedules, scripts, and visual aids to structure the session and reduce frustration
- Focus on the child's preferred songs and music genres
- Use of musical exploration and improvisation to increase creativity

Like music education programs, adapted music lessons focus on:

- Learning musical skills
- Proficiency on an instrument
- Appreciation and understanding of musical styles
- Promoting self-confidence and empowerment

♪ For more information, or to set up an initial lesson, please call (626) 793-7350 ext. 262 ♪

Adapted Music Lessons not Vendored through Regional Centers