

## PCDA's Pediatric Dietitians

are committed to encouraging health promoting nutrition while addressing feeding challenges in children with developmental disabilities or chronic illness. They are all members of the PCDA interdisciplinary feeding team.

### **Patricia Novak, MPH, RD, CLE**

Patricia Novak has over 25 years of experience working with children with feeding disorders, chronic illness and/or developmental disabilities. Her publications and workshops have focused on autism spectrum disorders, breastfeeding the child with special needs and food allergies.

### **Kristen Van Rooyen, MPH, RD**

Kristen Van Rooyen is certified in pediatric and adolescent weight management by the American Dietetic Association and leads PCDA's pediatric weight management program. She provides consult to school based programs for children with neuromuscular disorders and teen mothers programs.

### **Gloria Williamson, MS, RD**

Gloria Williamson has worked as a nutrition educator with programs such as Network for a Healthy California and The Moveable Feast. She provides support to PCDA's early intervention program.

### **Michele Kezele, BS, RD**

Michele Kezele has provided professional and parent training as a dietitian for Head Start and Share Our Strength's Operation Frontline. She has developed expertise in working with children with neurological disorders.

*"Leadership in Service and Professional Education"*

#### **UPCOMING COURSES 2011**

**The DIR® Approach to Pediatric Feeding**

March 28 & 29, 2011, Las Vegas, NV

**Food Allergies & Intolerances**

April 9, 2011, Pasadena, CA

**Transitioning from Non-oral to Oral Feeding**

May 6, 2011, Pasadena, CA

**AUTISM: Feeding & Nutrition Challenges**

May 7, 2011, Pasadena, CA

[www.pasadenachilddevelopment.org](http://www.pasadenachilddevelopment.org)

Pasadena Child Development Associates, Inc.  
620 North Lake Avenue  
Pasadena, CA 91101

# PEDIATRIC NUTRITION 101

*What you need to know when  
working with children*

**Patricia Novak, MPH, RD, CLE**  
Pediatric Registered Dietitian

**Kristen Van Rooyan, MPH, RD**  
Registered Dietitian

**Gloria Williamson, MS, RD**  
Registered Dietitian

**Michele Kezele, BS, RD**  
Registered Dietitian

**March 12, 2011**  
**8:30 a.m. - 3:30 p.m.**

PASADENA  
CHILD DEVELOPMENT ASSOCIATES  
A NON PROFIT CORPORATION  
*"Leadership in service and professional education"*

## Course Description:

A child's nutritional status has great influence on the child's affect, focus, cognition, energy and, ultimately, their success in school and therapy. Your intervention can either support or hinder the child's growth and development.

This introductory-level course will explore the basics of nutrition as applied to pediatric feeding therapy as well as provide strategies for integrating principles of health promotion nutrition into community programs to encourage lifelong wellness.

This conference is designed for the professional working with young children or children at risk/with developmental disabilities or special health care needs. This includes occupational therapists, speech and language pathologists, physical therapists, child development specialists, teachers, administrators, behavioral therapists and nurses.

## Following this course, participants will be able to:

<sup>1)</sup> Understand the progression of solid food for typically developing infants. <sup>2)</sup> Understand the nutrition imperatives at various ages. <sup>3)</sup> Understand the different types of fat and how they may influence gastrointestinal function, appetite and satiety. <sup>4)</sup> Understand the different types of carbohydrates and how consumption may influence behavior, appetite and satiety. <sup>5)</sup> Identify the vitamins and minerals commonly associated with protein foods and suggest alternatives for the vegan/vegetarian child. <sup>6)</sup> Be able to suggest changes in meal patterns in response to increased or decreased weight gain, medical needs or oral motor/sensory barriers while meeting nutrient needs.

### Date & Time

**Saturday March 12th, 2011**

**8:30 a.m. – 3:30 p.m.**

Registration/check-in begins 8:00 a.m. (lunch on own)

### Location

Pasadena Child Development Associates | Upstairs Auditorium  
620 North Lake Avenue, Pasadena, CA 91101

### Cost

\$150.00

### Continuing Education

This program meets the qualifications for 5.5 hrs. of continuing professional development credit for the following:

#### Speech and Language Pathologists



Pasadena Child Development Associates is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for **0.5 ASHA CEUs** (introductory level, professional area).

**MFT's & LCSW's** – Approved provider towards licensure requirements through the California Board of Behavioral Sciences. **PCE 4806**

**Registered Nurses** - Approved provider by CBRN.  
Provider #: **CEP 14958**

**Occupational Therapists** - Approved provider of continuing education by the American Occupational Therapy Association (AOTA) #4956.



**APPROVED PROVIDER of CONTINUING EDUCATION**  
by The American Occupational Therapy Association, Inc.

The assignment of AOTA ceu's does not imply endorsement of specific course content, products or clinical procedures by AOTA.



## REGISTRATION FORM

Name: \_\_\_\_\_

**Print Clearly.** This is how your name will be printed on the certificate of completion.

Title/Position: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Organization: \_\_\_\_\_

Email: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

Please make checks payable to P.C.D.A.

Visa/MasterCard

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

**To register by mail, please send your registration & payment or purchase order to:**

Pasadena Child Development Associates, Inc.  
Conference Dept.  
620 N. Lake Ave., Pasadena, CA 91101

**To register by phone with credit card, please call:**

Katherine at (626) 793-7350 x219 or Amber at x229  
Fax: (626) 793-7341

**For questions, contact Katherine at (626)793-7350 x219 or katherine@pasadenachilddevelopment.org**

#### Cancellation Policy/Other Information

Full refund will be given if written notification to cancel is received 3 days prior to workshop. A refund of 50% will be given if PCDA receives notification to cancel 2 days prior to workshop. Reasonable accommodations will be made for individuals with disabilities. Please contact us if you need special consideration.

\*DIR® is a registered trademark of the Interdisciplinary Council of Developmental and Learning Disorders, (ICDL). This conference is not part of IC DL.