

Pasadena Child Development Associates, Inc.

Presents

Food Allergies & Intolerances In Children



Speaker

Patricia Novak, Pediatric Registered Dietitian

Saturday, March 6, 2010

9:00 a.m. - 12:00 p.m.

COST: \$45.00

For Parents and Professionals

*At Pasadena Child Development Associates
(620 N. Lake Ave., Pasadena/Upstairs Conference Room))*



Topics Discussed:

- ~ Understanding the differences between an allergy and an intolerance
- ~ Identifying allergy symptoms and what type of testing is most valuable
- ~ What foods to avoid if your child cannot eat: Wheat/Gluten, Dairy or Soy
- ~ Strategies: What to cook and what to eat when away from home
- ~ Resources

TO REGISTER: Please complete the form below and mail it along with your registration fee to PCDA. If you would like to register over the phone with a credit card, please contact Amber at (626) 793-7350 ext. 229 or Barb at ext. 219. This workshop is **vendored** through Regional Center: **PD2008 SVC: 102.**

**No Childcare Available*

Print Clearly

Food Allergies & Intolerances - March 6, 2010

Name: _____ Day Phone #: _____

Address: _____ City: _____ Zip: _____

Profession/Discipline (if applicable): _____ Amount Enclosed: \$ _____

To charge w/visa or mastercard: _____ - _____ - _____ - _____ Exp. Date: _____

Please mail registration & payment to:

Pasadena Child Development Associates - 620 N. Lake Ave., Pasadena, CA 91101

Attn: Conference Dept.