

For parents and professionals

Food Allergies and Intolerances

Friday March 9, 2012

9am-11:30am

\$50 per person

Speaker:

Patricia Novak MPH RD CLE
Pediatric Registered Dietitian

Location:

Pasadena Child Development Associates
620 North Lake Avenue, Pasadena | Large Conference Room

Food allergies are on the rise and have become an increasing concern. Identifying and managing food allergies and intolerances are the focus of this course. Information for the parent, teacher, administrator, dietitian and therapist.

Topics will include:

- * Understanding the differences between an allergy and an intolerance
- * Identifying allergy symptoms and what type of testing is most valuable
- * What foods to avoid if your child cannot eat wheat/gluten, dairy or soy
- * Strategies for what to cook and what to eat when away from home
- * Resources to take home with you

To Register:

Please complete form below. If you would like to register over the phone with a credit card, please call (626) 793-7350 ext. 219

Sorry, no childcare available

Food Allergies and Intolerances Registration Form

Please print clearly

Name: _____

Address: _____ City: _____ Zip: _____

Email: _____ Day Phone #: _____

Discipline: _____ Employer: _____ Amount Enclosed: \$ _____

Checks: Please make payable to P.C.D.A. Credit Card: we accept Visa or MasterCard

_____ - _____ - _____ Exp. Date: _____

Please mail registration & payment to:

PCDA 620 North Lake Avenue, Attn: Conference Dept, Pasadena, CA 91101