



presents:

Food Allergies & Intolerances

For Parents and Professionals



Patricia Novak, MPH, RD, CLE
Pediatric Registered Dietitian

Saturday April 9th 2011
9:00 a.m. – 12:00 p.m.

Pasadena Child Development Associates
620 N. Lake Avenue, Pasadena | Upstairs Conference Room
Cost: \$50.00



Food allergies are on the rise and have become an increasing concern. Identifying and managing food allergies and intolerances are the focus of this course. Information for the parent, teacher, administrator, dietitian and therapist.

Topics include:

- * Understanding the differences between an allergy and an intolerance
- * Identifying allergy symptoms and what type of testing is most valuable
- * What foods to avoid if your child cannot eat wheat/gluten, dairy or soy
- * Strategies for what to cook and what to eat when away from home
- * Resources to take home with you

To register:

Please complete & detach the form below, and mail it along with your registration fee to PCDA.
If you would like to register over the phone with a credit card, please contact:
Katherine at (626) 793-7350 ext. 219

****No Childcare Available***

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Please print clearly

Name: _____ Day Phone #: _____

Address: _____ City: _____ Zip: _____

Profession/Discipline (if applicable): _____ Amount Enclosed: \$ _____

Checks: Please make payable to P.C.D.A.

Credit Card: Visa or MasterCard (circle) _____ - _____ - _____ - _____ Exp. Date: _____

Please mail registration & payment to:
Pasadena Child Development Associates – 620 N. Lake Ave., Pasadena, CA 91101
Attn: Conference Dept.