

Who Are Music Therapists?

Qualified music therapists possess the credential MT-BC (Music Therapist-Board Certified). Music Therapists have a minimum of a bachelor's degree from one of seventy approved music therapy degree programs in the nation. In addition, a 6-9-month clinical internship is required to qualify for the national certification examination in music therapy. The credential MT-BC is granted upon passing the certification examination.

The curriculum in a music therapy program includes coursework in psychology, music, biological and social sciences, medical and developmental disabilities, physiological studies, special education, and general studies. Music therapists utilize a professional assessment process, develop and implement treatment plans, and evaluate and document clinical/developmental progress.

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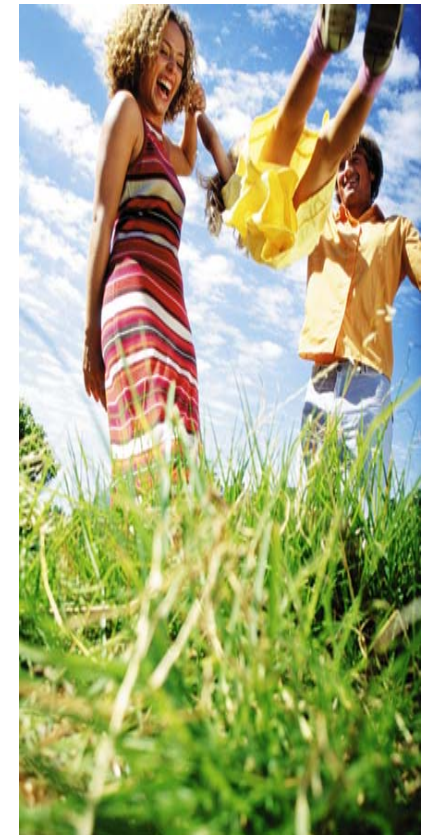
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Jumpstart!

**A DIR® Floortime™
Music Enrichment
Program for the
Classroom**



Jumpstart! A Children's Classroom Music Program

Jumpstart Music Program!



Jumpstart is a music enrichment program provided to pre-schools

which addresses social-emotional development for children 2-5 years of age using the DIR® approach. A music therapist or a music therapy student (with on-site supervision) provides weekly music enrichment for a class of up to 25 students for 30 minute sessions, over a 6 month period.

Music therapists will utilize a variety of musical activities such as:

- ♪ Musical story telling
- ♪ Musical games
- ♪ Instrument playing
- ♪ Singing
- ♪ Steady rhythms and movement to music

Musical Benefits

Hearing music, singing songs, and moving to the beat are what experts call "a rich sensory environment" for young children. Research has shown that children who are actively involved in music:

- ◆ Do better in reading & math when they start school
- ◆ Are better able to focus and control their bodies
- ◆ Interact with others & have higher self-esteem

PASADENA CHILD DEVELOPMENT ASSOCIATES, INC.

Jumpstart's Goal

The **Jumpstart Music Program** utilizes music and music therapy techniques with a DIR®/Floortime™ approach to assist each child in improving functional emotional capacities Including:

- ◆ Increasing shared attention with others
- ◆ Engaging in warm intimate pleasurable interactions with others
- ◆ Engaging in back and forth reciprocal interactions with a clear purpose
- ◆ Engaging in shared problem solving with others
- ◆ Sustaining interactions with others when feeling frustrated, sad, excited, etc
- ◆ Being creative
- ◆ Logically connecting emotional ideas

DIR® The Individual Difference Relationship-based approach described by Dr. Stanley Greenspan and Serena Wieder emphasizes the centrality of emotion (affect) to all development.

Functional emotional development, building from one stage to the next, provides the foundation for other learning, including language, cognitive, social, play and motor skills.

The DIR® approach provides a framework for understanding behavior, and appreciates each child's unique sensory profile, motor planning, auditory and visual processing, interests, and relationships.

The **Jumpstart Music Program** includes:

- ♪ Each parent receives an informational pamphlet when their child starts the program. The pamphlet includes information regarding the benefits of music and how they can use musical activities in the home to support development.
- ♪ A special music class is offered to parents and their children at the beginning of each semester.
- ♪ The Jumpstart program provides a one hour training for teachers to discuss musical techniques and ways to use music in the classroom.
- ♪ Teachers are encouraged to participate in all sessions in order to learn musical strategies to support development throughout the day.
- ♪ The therapists solicit regular feedback from both the director and teachers in informal meetings throughout the year.

Jumpstart's objective is to see improvement in each child's social-emotional development over the six-month period. We will provide a brief report of each child's participation and growth at the end of the 6 month program.



Cost per 6 months

(26 visits, plus parent and teacher classes)

2 classrooms, \$5200
3 classrooms, \$7500
4 classrooms, \$8800

A minimum of two classrooms per school required.

Contact us for a free trial session!